

# **QAS ATHLETE AWARDS**

## **2024 Award Categories and Guidelines**

### **Overview**

- The QAS Athlete Awards will be held every four years, aligned to the summer Olympic and Paralympic Games.
- The awards will bring together QAS supported athletes and coaches, their QAS Performance Support Teams and representatives from National and State Sporting Organisations to:
  - celebrate QAS-supported athlete achievements throughout the Paris Games cycle.
  - recognise and thank all Olympic, Paralympic and National senior team athletes who are retiring post the Games.
  - acknowledge the contribution of coaches and QAS staff who travelled to Paris with the Australian Headquarters Team or with Sports.

### **Award Categories**

The categories for the QAS Athlete Awards are as follows, listed in no particular order:

- QAS Athlete Award, voted by the athletes
- QAS Olympic Athlete of the Cycle
- QAS Paralympic Athlete of the Cycle
- QAS Emerging Athlete of the Cycle
- QAS Coach of the Cycle
- QAS Development Coach of the Cycle
- QAS HPP of the Cycle – United by Excellence
- QAS Magic Moment of the Paris 2024 Olympics
- QAS Magic Moment of the Paris 2024 Paralympics
- QAS Inspiring Extraordinary Sporting Success

### **1. Eligibility**

- All nominees must be a QAS supported athlete, coach and/or performance support team member at the time of the performance and/or moment put forward for nomination.
- All nominations put forward must have occurred during the Paris 2024 Olympic and Paralympic Games cycle.
- All athlete nominees must have signed a QAS Athlete Agreement and have adhered to the QAS Code of Conduct at the time of the performance and/or moment put forward for nomination.
- Emerging athlete nominees must have competed at their first Benchmark event (either underage or senior) between 2022 through 2024.
- Development Coach criteria will consider coaches of QAS Development Squads or emerging athletes as defined in the above eligibility.

### **2. Criteria**

Nominee's will be assessed with the following criteria taken into consideration:

- Criteria A) **Performance Outcome** - quality of sporting performance(s) outcomes.
- Criteria B) **Contribution/Behaviours** with the measures outlined under consideration.

### **3. Terminology**

ALG = Athlete Leadership Group

SLT = Senior Leadership Team

HPM = High-Performance Manager

PST = Performance Service Team

ANF = Athlete Nomination Form

#### 4. Awards & Nomination Criteria

Award Category	Descriptor	Award Criteria A Performance Outcome	Award Criteria B Contribution/Behaviours
<b>1) QAS Athlete Award, voted by the athletes</b>  <b>Nomination:</b> QAS PST <b>Shortlist:</b> QAS SLT <b>Judging:</b> QAS ALG who are responsible for seeking advice from the QAS supported athlete cohort	Recognised by their peers, this award embodies the qualities in athletes or teams of 'Winning Well'. The award reflects athletes who have achieved outstanding performances whilst also capturing sportsmanship, leadership, respect and integrity.	<b>50% Weighting</b>  1) Single best performance at a benchmark event against world's best (WR, gap to rest of field). 2) Consistency of performances over the cycle. 3) Total medals won within the cycle, considering conversion rate (moderated). 4) % improvement over the cycle.	<b>50% Weighting</b>  1) Demonstrated behaviours such as sportsmanship, fair play, respect, and integrity. 2) Contribution to broader athlete cohort, e.g., role model, leadership. 3) Achievement beyond on the field of play sporting performances, e.g., community involvement, academic excellence, vocation achievement. 4) Active engagement with other sports and athletes e.g. interaction with all athletes', sharing experiences and offering guidance where possible.
<b>2) QAS Magic Moment of the Paris 2024 Olympics</b>  <b>Nomination:</b> Sports <b>Shortlist:</b> QAS SLT <b>Judging:</b> QAS Staff	An inspiring performance moment at the Paris 2024 Olympic Games that captured the hearts of all Queenslanders.	N/A	<b>100% Weighting</b>  1) The Olympic moment should showcase exceptional athletic performance and sportsmanship and serves as an inspiration to others, highlighting perseverance, skill, or extraordinary achievement. 2) The moment should have had a significant impact on Queenslanders, by inspiring Queensland's future generations to embrace an active lifestyle and establish Queensland as the epicentre for sporting excellence. 3) The moment should have captured widespread public interest and will leave a legacy, whether through media coverage, social media, or inspiring future sporting success.
<b>3) QAS Magic Moment of the Paris 2024 Paralympics</b>  <b>Nomination:</b> Sports <b>Shortlist:</b> QAS SLT <b>Judging:</b> QAS Staff	An inspiring performance moment at the Paris 2024 Paralympic Games that captured the hearts of all Queenslanders.	N/A	<b>100% Weighting</b>  1) The Paralympic moment should showcase exceptional athletic performance and sportsmanship and serves as an inspiration to others, highlighting perseverance, skill, or extraordinary achievement. 2) The moment should have had a significant impact on Queenslanders, by inspiring Queensland's future generations to embrace an active lifestyle and establish Queensland as the epicentre for sporting excellence. 3) The moment should have captured widespread public interest and will leave a legacy, whether through media coverage, social media, or inspiring future sporting success.

<p><b>4) QAS Olympic Athlete of the Cycle</b></p> <p><b>Nomination:</b> Sports <b>Shortlist:</b> QAS SLT <b>Judging:</b> Official Panel</p>	<p>Recognising athletes who have consistently delivered outstanding performances across the Paris Olympic Cycle.</p> <ul style="list-style-type: none"> <li><i>Athlete must have been selected for the Paris 2024 Olympic Games to be nominated.</i></li> </ul>	<p><b>75% Weighting</b></p> <ol style="list-style-type: none"> <li>Single best performance at a benchmark event against world's best (WR, gap to rest of field).</li> <li>Consistency of performances over the cycle.</li> <li>Total medals won within the cycle, considering conversion rate (moderated).</li> <li>% improvement over the cycle.</li> </ol>	<p><b>25% Weighting</b></p> <ol style="list-style-type: none"> <li>Demonstrated behaviours such as sportsmanship, fair play, respect, and integrity.</li> <li>Contribution to broader athlete cohort, e.g., role model, leadership.</li> <li>Achievement beyond on the field of play sporting performances, e.g., community involvement, academic excellence, vocation achievement.</li> </ol>
<p><b>5) QAS Paralympic Athlete of the Cycle</b></p> <p><b>Nomination:</b> Sports <b>Shortlist:</b> QAS SLT <b>Judging:</b> Official Panel</p>	<p>Recognising athletes who have consistently delivered outstanding performances across the Paris Paralympic Cycle.</p> <ul style="list-style-type: none"> <li><i>Athlete must have been selected for the Paris 2024 Paralympic Games to be nominated.</i></li> </ul>	<p><b>75% Weighting</b></p> <ol style="list-style-type: none"> <li>Single best performance at a benchmark event against world's best (WR, gap to rest of field).</li> <li>Consistency of performances over the cycle.</li> <li>Total medals won within the cycle, considering conversion rate (moderated).</li> <li>% improvement over the cycle.</li> </ol>	<p><b>25% Weighting</b></p> <ol style="list-style-type: none"> <li>Demonstrated behaviours such as sportsmanship, fair play, respect, and integrity.</li> <li>Contribution to broader athlete cohort, e.g., role model, leadership.</li> <li>Achievement beyond on the field of play sporting performances, e.g., community involvement, academic excellence, vocation achievement.</li> </ol>
<p><b>6) QAS Emerging Athlete of the Cycle</b></p> <p><b>Nomination:</b> Sports <b>Shortlist:</b> QAS SLT <b>Judging:</b> Official Panel</p>	<p>Recognising both Olympic and Paralympic athletes who have emerged throughout the Paris Cycle and delivered outstanding performances on the international stage.</p> <ul style="list-style-type: none"> <li><i>Athlete does not have to have been selected for the Paris 2024 Games to be nominated.</i></li> </ul>	<p><b>75% Weighting</b></p> <ol style="list-style-type: none"> <li>Single best performance at either an underage or senior benchmark event against world's best (WR, gap to rest of field).</li> <li>% improvement over the cycle.</li> </ol>	<p><b>25% Weighting</b></p> <ol style="list-style-type: none"> <li>Demonstrated behaviours such as sportsmanship, fair play, respect, and integrity.</li> <li>Contribution to broader athlete cohort, e.g., role model, leadership.</li> <li>Achievement beyond on the field of play sporting performances, e.g., community involvement, academic excellence, vocation achievement.</li> </ol>
<p><b>7) QAS Coach of the Cycle</b></p> <p><b>Nomination:</b> Sports <b>Shortlist:</b> QAS SLT <b>Judging:</b> Official Panel</p>	<p>Recognising coaches who have consistently produced outstanding Olympic or Paralympic athlete performances across the Paris Cycle.</p>	<p><b>75% Weighting</b></p> <ol style="list-style-type: none"> <li>Principle coach of Senior Benchmark event athletes.</li> <li>Single best athlete performance at a pinnacle event against world's best (WR, gap to rest of field).</li> <li>Consistency of athlete performances over the cycle.</li> <li>Total # athlete winning medals or qualifying for BMEs within the cycle, considering conversion rate (moderated).</li> <li>Performance improvements of athletes throughout the cycle.</li> </ol>	<p><b>25% Weighting</b></p> <ol style="list-style-type: none"> <li>Effective planning and utilisation of the QAS performance team.</li> <li>Demonstrated behaviours such as sportsmanship, fair play, respect, and integrity.</li> <li>Contribution to broader coaching peer cohort, e.g., role model, leadership.</li> <li>Display initiative to improve the standard of their own coaching performance.</li> </ol>

<p><b>8) QAS Development Coach of the Cycle</b></p> <p><b>Nomination:</b> Sports <b>Shortlist:</b> QAS SLT <b>Judging:</b> Official Panel</p>	<p>Recognising coaches who have consistently produced outstanding emerging and developing athletes across the Paris Cycle.</p> <ul style="list-style-type: none"> <li><i>Must be an eligible development coach in line with Section 1 - Eligibility.</i></li> <li><i>Coach does not have to have coached an athlete(s) who competed at the Paris 2024 Games to be nominated.</i></li> </ul>	<p><b>75% Weighting</b></p> <ol style="list-style-type: none"> <li>Principle coach of a QAS Development program or individual Emerging/Developing athletes.</li> <li>Consistency of athlete performances over the cycle.</li> <li>Total # athlete winning medals or qualifying for Benchmark events within the cycle, considering conversion rate (moderated).</li> <li>Performance improvements of athletes throughout the cycle.</li> <li>Quality of sporting performance(s) outcomes by an athlete(s) or team directly coached by the nominee across the Paris cycle.</li> </ol>	<p><b>25% Weighting</b></p> <ol style="list-style-type: none"> <li>Effective planning and utilisation of the QAS performance team.</li> <li>Demonstrated behaviours such as sportsmanship, fair play, respect, and integrity.</li> <li>Contribution to broader coaching peer cohort, e.g., Role Model, leadership.</li> <li>Display initiative to improve the standard of their own coaching performance.</li> </ol>
<p><b>9) QAS HPP of the Cycle - United by Excellence</b></p> <p><b>Nomination:</b> QAS HPM <b>Shortlist:</b> QAS SLT <b>Judging:</b> Official Panel</p>	<p>Recognising QAS supported programs which have consistently produced quality performances across the cycle and demonstrated continual improvement in the delivery of performance practices</p>	<p><b>50% Weighting</b></p> <ol style="list-style-type: none"> <li>Consistency of athlete performances over the cycle.</li> <li>Total # athlete winning medals or qualifying for BMEs within the cycle, considering conversion rate (moderated).</li> <li>Performance improvements of athletes throughout the cycle.</li> </ol>	<p><b>50% Weighting</b></p> <ol style="list-style-type: none"> <li>Displayed initiative and embraced improvement in the day-to-day management, conduct and delivery of the program to support its athletes, teams, and HP staff.</li> <li>Athletes and members of the program are a positive influence on the community.</li> <li>Demonstrated contemporary and innovate practices.</li> <li>Effective planning and utilisation of the QAS performance team.</li> <li>Good engagement by the NSO/SSO.</li> </ol>
<p><b>10) QAS Inspiring Extraordinary Sporting Success</b></p> <p><b>Nomination:</b> QAS PST <b>Shortlist:</b> QAS SLT <b>Judging:</b> Official Panel</p>	<p>Recognises an athlete(s) or team across the Paris 2024 cycle whose sporting achievements and conduct perfectly align with the QAS values and reflects an unwavering commitment to 'inspiring extraordinary sporting success'.</p> <ul style="list-style-type: none"> <li><i>Athlete does not have to have been selected for the Paris 2024 Olympic or Paralympic Games to be nominated.</i></li> </ul>	<p><b>N/A</b></p>	<p><b>100% Weighting</b></p> <ol style="list-style-type: none"> <li>Actively engages in efforts that create positive change both on and off the field, using their platform to inspire others and contribute to the greater good of their community or sport.</li> <li>Shows exceptional ability to back and trust teammates, fostering a collaborative environment where everyone is empowered to excel and contribute to collective success.</li> <li>Embraces and seeks out challenges as opportunities for growth, consistently pushing personal and team boundaries to achieve extraordinary results and elevate performance to new heights.</li> </ol>

5. Awards Nomination Process

**QAS Athlete Award, voted by the athletes (Refer to Category 1)**

**01 October - 24 October (4 wk)**

The QAS HPM's are responsible for consulting with their QAS PST to submit up to two (2) nominations from each of their sporting programs via the QAS ANF.

**4 November - 7 November (1 wk)**

All submissions from the QAS ANF will be presented to the QAS SLT who will determine the final four (4) finalists.

**11 November - 14 November (1 wk)**

The final four (4) nominations determined by the QAS SLT will be presented to the QAS ALG who will serve as the Selection Panel to determine a winner.

*The QAS ALG are responsible for consulting with the QAS-supported athlete cohort to seek advice in preparation of the Selection Panel meeting to determine the winner.*

**QAS Magic Moment of Paris Awards (Refer to Categories 2-3)**

**01 October - 24 October (4 wk)**

The QAS HPM's for each sport program will consult with NSO's to submit a maximum of two (2) nominations for each category via the QAS ANF.

**4 November - 7 November (1 wk)**

All nominations from the QAS ANF will be presented to the QAS SLT who will determine four (4) finalists for each category.

**11 November - 14 November (1 wk)**

The final four (4) nominations for each category will be presented to QAS Staff via MS Form voting who will serve as the Selection Panel and determine a winner for each category.

**Sport Nomination Awards (refer to Categories 4-8)**

**01 October - 24 October (4 wk)**

The QAS HPM's for each sport program will consult with NSO's to submit a maximum of two (2) nominations for each category via the QAS ANF.

**4 November - 7 November (1 wk)**

All nominations from the QAS ANF will be presented to the QAS SLT who will determine four (4) finalists for each category.

**11 November - 14 November (1 wk)**

The final four (4) nominations for each category will be presented to the QAS Athlete Awards Panel (see section 4) who will serve as the Selection Panel to determine a winner.

**QAS HPP of the Cycle - United by Excellence (Refer to Category 9)**

**01 October - 24 October (4 wk)**

The QAS HPM's are responsible for submitting up to two (2) nominations from each of their sporting programs via the QAS ANF.

**4 November - 7 November (1 wk)**

All nominations from the QAS ANF will be presented to the QAS SLT who will determine four (4) finalists for each category.

**11 November - 14 November (1 wk)**

The final four (4) nominations for each category will be presented to the QAS Athlete Awards Panel (see section 4) who will serve as the Selection Panel to determine a winner.

**QAS Inspiring Extraordinary Sporting Success Awards (Refer Category 10)**

**01 October - 24 October (4 wk)**

The QAS HPM's are responsible for consulting with each of their QAS PST to submit up to two (2) nomination from each sporting program via the QAS ANF.

**4 November - 7 November (1 wk)**

All nominations from the QAS ANF will be presented to the QAS SLT who will determine four (4) finalists for each category.

**11 November - 14 November (1 wk)**

The final four (4) nominations for each category will be presented to the QAS Athlete Awards Panel (see section 4) who will serve as the Selection Panel to determine a winner.

The Selection Panels reserve the right to use their discretion during award winner selection and the decisions made by the panels are final.

## **6. QAS Athlete Awards Selection Panel (2024)**

- a. The QAS Athlete Awards Selection panel is appointed by the QAS SLT.
- b. The panel consists of the following representation:
  - Queensland Academy of Sport – Senior Leadership Team
  - Queensland Academy of Sport – Athlete Leadership Group
  - Australian Institute of Sport
  - Paralympics Australia
  - Australian Olympic Committee

## **7. Timelines**

- September 2024
  - Award categories and guidelines confirmed.
  - Judging panels contacted, confirmed and booked.
  - Briefs and nomination forms developed.
- October 2024
  - Judging packs developed.
  - 1 October – Nominations open.
  - 24 October – Nominations close.
- November 2024
  - W/C 4 November – SLT shortlisting.
  - W/C 11 November – Judging panel held.
  - 29 November – Awards ceremony held.

## **8. Winner Announcement and Presentation**

- The QAS will inform all finalists within each category and the list of finalists will be publicly available via the QAS website and social media platforms from Monday 18 November 2024.
- The winners of each category will be announced at the QAS Athlete Awards Night on Friday 29 November 2024.